

Kid Stuff

Nurturing Nature



Welcome to “Kid Stuff”, an article for kids and the adults in their lives, found in the monthly issue of *Nature News* at <https://libertywildlife.org/publications/nature-news/> . Each “Kid Stuff” article introduces subjects and activities to engage and encourage the active participation of kids discovering and finding ways to help nature.

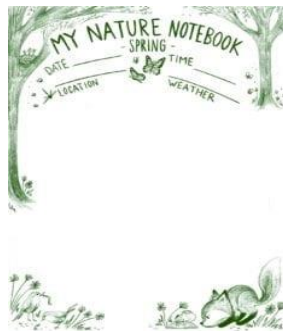
In this month’s Kid Stuff:

- Making nature journals
- Finding a “Sit Spot”
- Helping nature
- Discovering StoryWalk®

Nature Journals

This month is the best time to start a new nature journal. Winter is changing into spring and writing or drawing in a nature journal helps show the changes you see around you. Use this link to learn more about making a journal and then go to the next part to learn about the “Sit Spot “

<https://thegreenhour.org/nature-notebook/spring-nature-notebook/>



“Sit Spots”

What is a “Sit Spot”?

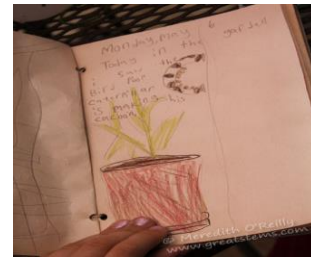
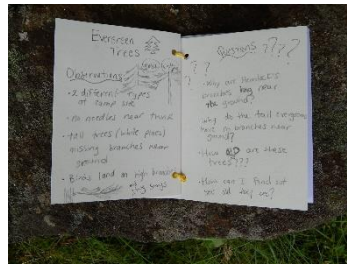


Here’s someone on their Sit Spot with their nature journal

A “Sit Spot” is a place on the ground where you choose to sit. There you can watch, listen, and record in your journal everything happening around you. It is your spot only! If family or friends want to do this too, they need to find their own “Sit Spot” a good distance from you.

- Do you feel the wind on your face?
- See a bird nearby?
- Feel the grass or dirt under you?
- Hear people or cars in the distance?

Write and draw these things in your journal.



The next time go to the same spot and listen, look, and feel what’s happening around you.

- Did anything change from the last time you sat there? Is there anything new?
- Did a flower bloom that wasn’t there last time you sat in your sit spot?

Do this many times to really discover how nature changes from winter to spring. And guess what? Summer will have more changes!

Helping Nature

Can you find one thing you can do to help make things better for the creatures or plants that are near your “Sit Spot”?

- Is there water for animals including a watering station on the ground? Water for plants?
- **Can you gather** nesting material for birds or other creatures to use?
- **Can you get** seeds to grow plants that pollinators need?
- **Can you build** a bird house, a feeder or water for animals?



Discover StoryWalk®!

New at Liberty Wildlife is a StoryWalk® activity. Storybook pages have been separated, put in frames and placed along a path for kids and their families to read as they walk outside in nature!

The first StoryWalk® book:

Peewee the Potoo and the Not Really All That Great Day



Have you ever had a rough day? Peewee is about to. But maybe it's not so bad after all!

Check out this story at StoryWalk® on the Education Trail, along the back wall.

Puzzles!

<https://www.jigsawplanet.com/?rc=play&pid=3f9a55ade869> Nature Explorers!

<https://www.jigsawplanet.com/?rc=play&pid=37d97ada2443>

<https://www.jigsawplanet.com/?rc=play&pid=1ec63be81f1a>